

## **CURRICULUM VITAE: Dr. Pranab Mahapatra**

Dr Pranab Mahapatra is an Associate Professor in the Department of Psychiatry at Kalinga Institute of Medical Sciences, KIIT University, Bhubaneswar, Odisha. Besides being a clinically active physician, he teaches at the medical school (undergraduate and postgraduate levels) and is an adjunct faculty at the school of dentistry and nursing. He is involved as a PI and Co-PI in research projects, having a specific focus on multiple chronic conditions and their interface with mental health and their impact on patients. He is particularly interested in finding the different care seeking pathways for non-communicable diseases and health promotion in clinical settings.

In 2022 he was appointed as the visiting Lown Scholar of the Harvard School of Public Health.



### **Current designation:**

Associate Professor  
Department of Psychiatry,  
Kalinga Institute of Medical Sciences  
Kushabhadra Campus (Campus-5)  
KIIT University, Patia,  
Bhubaneswar - 751024  
Odisha, India

Phone- 91-6742725314-, Extn – 2014, (office)  
Fax-91-674-2725415  
pranab.mahapatra@kims.ac.in

### **Address for correspondence:**

S-92, Maitree Vihar Phase – 1  
Po. Rail Vihar  
Chandrasekharapur,  
Bhubaneswar -751023  
Odisha

### **Contact numbers:**

91- 9438730738; 91-7752085533

### **Email:**

drpranab@outlook.com

### **Employment History**

---

#### **Associate Professor**

10<sup>th</sup> February 2022-continuing

Department of Psychiatry,  
Kalinga Institute of Medical Sciences  
Kushabhadra Campus (Campus-5)  
KIIT University, Patia,  
Bhubaneswar – 751024, Odisha, India

#### **Assistant Professor**

1<sup>st</sup> June 2017-9<sup>th</sup> February 2022

Department of Psychiatry,  
Kalinga Institute of Medical Sciences  
Kushabhadra Campus (Campus-5)  
KIIT University, Patia,

Bhubaneswar – 751024, Odisha, India

**Senior Resident**  
6th January 2014-31st May 2017  
Department of Psychiatry,  
Kalinga Institute of Medical Sciences  
Kushabhadra Campus (Campus-5)  
KIIT University, Patia,  
Bhubaneswar – 751024, Odisha, India

#### **Previous employment details**

|                                                     |                                                                                                                                        |
|-----------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| <b>Junior Resident</b><br>May 2010 – October 2013   | Central Institute of Psychiatry,<br>Kanke, Ranchi, Jharkhand, India                                                                    |
| <b>Tutor</b><br>Sept 2003 – April 2010              | Department of Physiology,<br>Kalinga Institute Of Medical Sciences<br>KIIT University, Patia,<br>Bhubaneswar – 751024<br>Odisha, India |
| <b>Medical Officer</b><br>Sept 2001 – April 2003    | Christian Hospital,<br>Bissamcuttack, Odisha                                                                                           |
| <b>Junior Resident</b><br>July 1997 – February 1998 | Department of Psychiatry,<br>AIIMS, New Delhi                                                                                          |

#### **Educational Qualifications**

| <b>Qualification</b>                                   | <b>University/College</b>                                    | <b>Year of Passing</b> |
|--------------------------------------------------------|--------------------------------------------------------------|------------------------|
| MD (Psychiatry)                                        | Central Institute of Psychiatry, Kanke,<br>Ranchi, Jharkhand | 2010-13                |
| MBBS<br>(Bachelor of Medicine,<br>Bachelor of Surgery) | VSS Medical College, Burla, Sambalpur,<br>Odisha.            | 1990-95                |

#### **Professional and research experience/ Institutional responsibilities**

**1 Clinical:** Treatment planning, management and supervision of patients coming for mental health issues to the outpatient's and emergency department and the psychiatry ward. Community outreach involvement includes attending patients at the Institute Rural Health Centre, Kalarabanka, Odisha, and the Telemedicine Facility.

**2 Academics:** Responsible for classroom and clinical teaching.

- Academic programmes of postgraduate students and their teaching and supervision while managing outpatients and admitted patients.
- Taking psychiatry classes of undergraduate students and their clinical

teaching.

- Teaching mental and behavioural aspects of illnesses to students of Kalinga Institute of Dental Sciences and Kalinga Institute of Nursing Sciences.

**3 Research activities:** Areas of interest include careseeking pathways, multimorbidity, community psychiatry, mental-physical comorbidity and geriatric psychiatry using Qualitative and Mixed Methods.

#### **Ongoing research projects (Role)**

---

1. Yoga as an adjunct therapy for the management of mild to moderate depression among adolescents and young adults during COVID-19 pandemic: A prospective randomised controlled trial. (Co-PI)
2. Managing Physical-Mental Multimorbidity: Lived experiences of Patients and their Caregivers from Odisha, India. (PI)
3. Managing multimorbidity and comorbidity amid COVID-19 pandemic: Physicians' challenges and experiences. (Co-PI)
4. The burden of psychiatric disorders in Tribal Populations in India: An evidence synthesis. (Co-PI)

#### **Completed research projects**

---

1. Multimorbidity among psychiatric outpatients: A study from Odisha, India. (Co-PI)
2. How do patients manage multimorbidity when one of the conditions is psychiatric? An in-depth qualitative study. (PI)
3. Qualitative Research Methods in psychiatry in India: Landscaping the terrain
4. Health Communication and Inter-professional Education in Context of Multimorbidity Management: Assessment of Health Professional Curricular Focus in India. (Co-PI)
5. Managing multimorbidity (multiple chronic diseases) amid COVID-19 pandemic: A community-based study from Odisha, India. (Co-PI)
6. Non-communicable diseases care during COVID-19 pandemic: A mixed-method study in Khurda district of Odisha, India. (Co-PI)
7. Sleep quality and associated factors among undergraduate medical students during COVID-19 confinement. (Co-PI)
8. Managing dementia care during COVID-19 Pandemic: Caregivers' experiences in Odisha, India. (PI)
9. Coping with COVID-19 Pandemic: Reflections of older couples living alone in Urban Odisha, India. (PI)

## Upcoming research projects (Role)

---

1. Psychological distress in cardiovascular multimorbidity in young adults: Design of a complex intervention. (PI)

## Publications

---

1. **Mahapatra P**, Sahoo KC, Desaraju S, Pati S. Coping with COVID-19 pandemic: reflections of older couples living alone in urban Odisha, India. *Prim Health Care Res Dev*. 2021 Nov 3;22:e64. doi: 10.1017/S1463423621000207. PMID: 34728006.
2. Sahoo KC, Kanungo S, **Mahapatra P**, Pati S. Noncommunicable diseases care during COVID-19 pandemic: A mixed-method study in Khurda district of Odisha, India. *The Indian journal of medical research*. 2021 Aug 11.
3. Pati, S., Sinha, R., & **Mahapatra, P**. Health Communication and Inter-professional Care in Context of Multimorbidity Management: Assessment of Health Professional Curricular Focus in India. *Frontiers in Communication*. 2021.
4. Kshatri, J. S., Palo, S. K., Panda, M., Swain, S., Sinha, R., **Mahapatra, P.**, & Pati, S. (2021). Reach, accessibility and acceptance of different communication channels for health promotion: a community-based analysis in Odisha, India. *Journal of preventive medicine and hygiene*, 62(2), E455–E465. <https://doi.org/10.15167/2421-4248/jpmh2021.62.2.1929>
5. Pati S, Sinha R, **Mahapatra P**. Community of practice for healthy longevity: reconfiguring geriatric care during a pandemic. *The Lancet Healthy Longevity*. 2021 May 1;2(5):e246.
6. Pati S, Puri P, Gupta P, Panda M, **Mahapatra P**. Emerging Multimorbidity Patterns and Its Linkages with Selected Health Outcomes Among Working-Age group Population: Findings From Odisha, India.
7. Pati S, Sinha R, **Mahapatra P**, Sahu SP, Nallala S. Management of geriatric multimorbidity in old age home residents: An emerging issue in India. *Geriatrics & Gerontology International*. 2021 Mar 1;21(3):338-9.
8. Pati S, **Mahapatra P**, Kanungo S, Uddin A, Sahoo KC. Managing multimorbidity (multiple chronic diseases) amid COVID-19 pandemic: a community based study from Odisha, India. *Frontiers in public health*. 2021 Feb 1;8:1026.
9. **Mahapatra P**, Sahoo KC, Jitendriya P, Samal M, Pati S. Qualitative research methods in psychiatry in India: Landscaping the terrain. *Indian Journal of Psychiatry*. 2021 Jan;63(1):5.
10. Jena S, Sahoo KC, Samal M, Kripalini P, Shrivastava C, Anand H, **Mahapatra P**, Pati S. Rural community attitude towards mental healthcare: a mixed-method study in Khurda district of Odisha, India. *Middle East Current Psychiatry*. 2020 Dec;27(1):1-8.
11. Pati S, **Mahapatra P**, Dwivedi R, Athe R, Sahoo KC, Samal M, Das RC, Hussain MA. Multimorbidity and its outcomes among patients attending psychiatric care settings: an observational study from Odisha, India. *Frontiers in Public Health*. 2020;8.
12. Pati S, Lobo E, Desaraju S, **Mahapatra P**. Type 2 diabetes and physical activity: barriers and enablers to diabetes control in Eastern India. *Primary Health Care Research & Development*. 2019 Apr 29;20..
13. Pati S, Sinha R, **Mahapatra P**. Non-communicable Disease Risk Reduction Teaching in India: A Curricular Landscape. *Front Public Health*. 2019;7:133. doi: 10.3389/fpubh.2019.00133.

14. Pati S, Sahoo KC, Samal M, Jena S, **Mahapatra P**, Sutar D, Das BK. Care-seeking pathways, care challenges, and coping experiences of rural women living with rheumatoid arthritis in Odisha, India. *Primary Health Care Research & Development*. 2019; 20: e83. <https://doi.org/10.1017/S146342361900032X>
15. **Mahapatra P**, Pati S, Sinha R, Chauhan AS, Nanda RR, Nallala S. Parental care-seeking pathway and challenges for autistic spectrum disorders children: A mixed method study from Bhubaneswar, Odisha. *Indian J Psychiatry*. 2019 Jan-Feb;61(1):37-44. doi: 10.4103/psychiatry.IndianJPsychiatry\_257\_18. PubMed PMID: 30745652;
16. Pati S, Swain S, Patel SK, Chauhan AS, Panda N, **Mahapatra P**, Pati S. An assessment of health-related quality of life among patients with chronic obstructive pulmonary diseases attending a tertiary care hospital in Bhubaneswar City, India. *J Family Med Prim Care*. 2018 Sep-Oct;7(5):1047-1053. doi: 10.4103/jfmpc.jfmpc\_37\_18. PubMed PMID: 30598955
17. Pati S, Chauhan AS, **Mahapatra P**, Hansdah D, Sahoo KC, Pati S. Weaved into the cultural fabric: a qualitative exploration of alcohol consumption during pregnancy among tribal women in Odisha, India. *Subst Abuse Treat Prev Policy*. 2018 Feb 20;13(1):9. doi: 10.1186/s13011-018-0146-5. PubMed PMID: 29463287
18. **Mahapatra P**, Pati S, Sinha R, Chauhan AS, Nanda RR, Nallala S. Parental care-seeking pathway and challenges for autistic spectrum disorders children: A mixed method study from Bhubaneswar, Odisha. *Indian journal of psychiatry*. 2019;61(1):37-44.

### **Conference Presentations**

---

1. Coping with COVID-19 Pandemic: Reflections of older couples living alone in Urban Odisha, India ( EFPC Conference ( European Forum for Primary care Conference, Bergen September 2021)
2. E-Poster: Dementia care during COVID-19 pandemic: understanding caregivers' perspectives in Odisha, India. (20th WPA World Congress of Psychiatry, Virtual Congress, March 2021)
3. E-Poster: Multimorbidity in psychiatric patients: an epidemiological study from Odisha, India (20th WPA World Congress of Psychiatry, Virtual Congress, March 2021)
4. Burden (Prevalence, Correlates and Outcomes) of mental disorders among the indigenous population in India: A systematic review (20th WPA World Congress of Psychiatry, Virtual Congress, March 2021)
5. Managing psychiatric multimorbidity: a qualitative exploration into challenges of patients and caregivers. (Annual Conference of the Indian Psychiatric Society, January 2020)
6. Qualitative Research Methods for Psychiatry: A Hands-on Primer (Annual Conference of the Indian Psychiatric Society, January 2020)
7. Cuckoos of Bollywood -implications for society (Annual Conference of the Indian Psychiatric Society, January 2019)
8. Developing a contextualized care seeking pathway tool for psychiatric illness: Findings from the mixed-method study. ( Annual Conference of the Indian Psychiatric Society, January 2019)
9. Weaved into the cultural fabric: A qualitative exploration of alcohol consumption during pregnancy among tribal women in Odisha, India. ( Annual Conference of the Indian Psychiatric Society, January 2018)

10. Parental Challenges in Care Seeking for Autistic Spectrum Disorders Children: A mixed-method study from Bhubaneswar, Odisha ( Annual Conference of the Indian Psychiatric Society, January 2018)

### **Workshops and Training**

---

1. Workshop on Qualitative Method on Health Research, ICMR-Regional Medical Research Centre, Bhubaneswar on 5<sup>th</sup>-7<sup>th</sup> Sept.2019
2. Workshop on Medical Literature search and Systematic Review, ICMR-Regional Medical Research Centre, Bhubaneswar, 27-28<sup>th</sup> July 2019
3. Dissemination Programme on ICMR National Ethical Guidelines & GCP Guidelines, ICMR-NCDIR, Bangalore & KIMS, June 2019
4. Qualitative research methods: Interpretative Phenomenological Analysis workshop, ICMR-Regional Medical Research Centre, Bhubaneswar on 26-28<sup>th</sup> April 2019
5. Workshop "Systematic Review & Meta-analysis in Healthcare" ICMR-Regional Medical Research Centre, Bhubaneswar,11-13<sup>th</sup> November 2017
6. National Workshop for Training Master Trainers in Autism Tools organised by The National Trust & Child Neurology Division, AIIMS, New Delhi, September 2016

### **Memberships and Professional Associates**

---

1. Fellow of the Indian Psychiatric Society.
2. Executive Council Member, Indian Psychiatric Society, Odisha State Branch.
3. Chairperson, Media Committee, Indian Psychiatric Society, Odisha State Branch.
4. Member, State Autism Appellate Medical Board, Odisha- Involved as faculty for training healthcare professionals on the diagnosis and assessment of Autism.
5. Internal Member, Board of Studies for School of Yoga, KIIT University

### **Public engagement and community outreach**

---

1. President of Rotary Club of Bhubaneswar Ekamra Kshetra (2018-19): Carried out community activities with a focus on health promotion.
2. Core committee member, Students' counselling, KIIT University (2019 - till date): Developing support networks and promoting physical and mental well being among about 16000 students of the KIIT University

### **Declaration**

I hereby declare that all the details mentioned above are in accordance with the truth and fact as per my knowledge and I hold the responsibility for the correctness of the above-mentioned particulars.

Place: Bhubaneswar  
Date: 05.06.2021



Dr Pranab Mahapatra